



gradd Glas/Cymedrol
pellter 7 km
amser 1 - 1.5 awr
dringo 437 m



grade blue/moderate
distance 7 km
time 1 - 1.5 hours
climb 437 m



Llwybr Penhydd
Penhydd trail
 trac sengl
singletrack

ffordd coedwig
forest road
 ffordd cyhoeddus
public road

postyn lleoliad
waymarker
 parcio
parking

gwybodaeth
information
 toiledau
toilets

caffi
café

1 Man cwrdd ambiwlans
Ambulance pick-up point

Y Safon Uchaf
Top of the Grade
Cadwch lygad am arwyddion rhybudd
"Y Safon Uchaf". Efallai yr hoffech chi
gael golwg arnyn nhw cyn mentro.
Look out for these "Top of the Grade"
warning signs. You might want to inspect
these features before you ride them.

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